

# Black & Teal Girls Volleyball Camp

Black & Teal Volleyball Camp™ is a fun and exciting opportunity to learn and improve one's skills at the game of volleyball. The camp is open to all incoming freshmen girls and returning students/players. B & T Camp is a one-week intensive introduction to all of the related individual and team fundamentals of girls' high school volleyball. Camp sessions will consist of individualized instruction, demonstrations, drill sessions, videotaping and competition.

Camp Staff includes:

• **Dan Bornfeld: Girls Varsity Head Coach @ Aliso Niguel H.S.** Coach Bornfeld has been a head coach in Aliso's girls and boys programs since 1994, and has coached club volleyball throughout Orange County.  
[dhbornfeld@capousd.org](mailto:dhbornfeld@capousd.org) (949) 831-5590 xt. 2405

• **Doug O'Brien: JV Girls Head Coach, Boys Varsity Head Coach @ Aliso Niguel H.S**

• If you need any additional information please visit our website at [www.alisovolleyball.com](http://www.alisovolleyball.com)

**Equipment:** All camp participants are encouraged to bring kneepads and water bottles. Shorts, T-shirts and athletic indoor/cross training shoes are appropriate attire.

**When:** August 18<sup>th</sup> – August 21<sup>st</sup>  
3:00 – 5:00 PM

**Where:** Aliso Niguel High School (main gym)

**Cost:** \$125.00 due August 1<sup>st</sup> • Registration after August 1<sup>st</sup> will be \$140.00  
All participants will receive a camp T-shirt, individualized instruction and evaluation.  
Please make checks payable to: **Dan Bornfeld**  
Return the bottom portion with check to:

Dan Bornfeld c/o Black & Teal Volleyball Camp  
28000 Wolverine Way  
Aliso Viejo, CA. 92656

**THIS IS NOT A CUSD SPONSORED EVENT • FLIER NOT PRINTED AT DISTRICT EXPENSE**

Liability insurance will be provided for each camper - Participation in camp is not a prerequisite for participation in a school sponsored activity

(Please fill out the bottom portion and return)

Player's Name \_\_\_\_\_ Age \_\_\_\_\_ Height \_\_\_\_\_ Shirt Size \_\_\_\_\_

Home Address \_\_\_\_\_  
\_\_\_\_\_

Phone # Home \_\_\_\_\_ Work \_\_\_\_\_

Insurance Carrier \_\_\_\_\_ Policy # \_\_\_\_\_

Playing Experience \_\_\_\_\_

Position of preference \_\_\_\_\_

**2008 GIRLS VOLLEYBALL TRYOUT INFORMATION**

If you are unable to attend camp but wish to try out for the Fall 08' Girls Volleyball Season tryouts will be held **August 25<sup>th</sup> through August 27<sup>th</sup>, 2008 from 3:00-5:00PM** in Aliso Niguel's main gym. A prospective player **must have a completed physical to try out.** For any additional information please visit [www.alisovolleyball.com](http://www.alisovolleyball.com) or contact Coach Bornfeld at the above e-mail addresses.